



Aquinas Academy SCHOOL LUNCH MENU

1	2	3	4	5
Popcorn Chicken Hot Dog on bun Mashed potatoes with gravy Applesauce	French Toast Sticks w/sausage Turkey and Cheese on bun Hashbrown Patty Fruit Cocktail	Chicken Nuggets w/roll Ham and Cheese on bun Baked French Fries Pears	BBQ Rib Sandwich Nachos with cheese Green Beans ½ Orange	Tony's Cheese Pizza Grilled cheese sandwich with tomato soup Corn and Peaches
8	9	10	11	12
Chicken Strips w/dinner roll Cheeseburger on bun Seasoned Carrots Mixed Fruit	Baked Ham & Cheese Sandwich Chicken Patty on bun Baked Tator Stars Sliced Apples	Tony's Pizza Hot Dog on bun Baked French Fries Mixed Fruit	Chicken nuggets w/roll Garlic Breadsticks w/ meatballs Corn Peaches	Tony's Pizza Egg & Cheese on bun Buttered Corn Pears
15	16	17	18	19
Grilled Chicken on bun Chicken Patty on bun Baked French Fries Applesauce	Meatball hoagie on roll Turkey and Cheese on bun Green Beans ½ orange	Pierogies Chicken Nuggets w/roll Side Salad Peaches	Sloppy Joe on bun Popcorn Chicken w/roll Mashed potatoes Applesauce	Tony's Pizza Pierogies French Fries Peaches
22	23	24	25	26
Cheeseburger on bun Hot Dog on bun French Fries Pears	Macaroni & Cheese w/roll Deli Hoagie on bun French Fries Apple Sauce	Tony's Pizza 2 Pancakes w/sausage Hashbrown Tots Peaches	Hard Shell Taco Nachos with Cheese White Rice Applesauce	Tony's Pizza Egg and Cheese on bun Corn Mixed Fruit
29	30	31	LUNCH - \$2.35 includes fruit choice and milk choice daily	
Grilled Chicken on bun Ham & Cheese on bun French Fries Peaches	BBQ Rib on bun Deli Hoagie on bun French Fries Peaches	Pasta with sauce & meatballs Turkey and Cheese Melt Side Salad Peaches		

Whole Grain Rolls served

Menu subject to change

Choice of Fruit may include:

*What do you like? Fresh Apples? Orange Smiles?
Bananas? Peaches, Pears, Mixed Fruit -*

look for your favorite

Choice of Milk

Variety includes low-fat and fat-free choices.

Hello! My name is Ana

Remember to choose a vegetable, fruit and milk everyday - more nutrients help power your brain and keep you alert throughout the day

