

Exciting New Changes



The Nutrition Group is excited to have been chosen as

the new food service management company at the Aquinas Academy. We are appreciative of the opportunity and eager to forge a partnership that will benefit the students and staff at the Aquinas Academy.

The Nutrition Group is a locally based company, with our corporate office just south of Pittsburgh in Irwin, Pennsylvania. We have been providing quality food management services for school districts in Pennsylvania and Ohio since 1975. Of the 183 school districts in Pennsylvania that are contracted with a management company, The Nutrition Group proudly manages over 120 of these districts.

The Nutrition Group's philosophy is to work with your school to develop a food service program offering quality and variety for students, faculty and administration. You will also see changes that will be introduced to enhance your current cafeteria program. Monthly menus will feature an assortment of entrée selections with a variety of hot and cold choices, low-fat options, grab-n-go salads and wraps, and healthier snack and beverage choices.

Youth Advisory Councils (Y.A.C.) will be assembled to promote communication and give students the opportunity to have a hand in the direction of your cafeteria program. Nutrition education will be introduced in a number of different ways — from colorful serving line signs and posters that encourage students to make healthy choices, to interactive classroom lessons that make learning nutrition fun.

Fresh fruits and vegetables will be offered DAILY, along with 1% and skim milk, low-fat salad dressings and whole grain bread options. The goal is to ensure that fresh, tasty, nutritious food choices are available to every student and every staff member daily.

The Nutrition Group also welcomes back your cafeteria staff, Jackie, Kris and Mary Ann, who have been serving your children for many years and are very excited about the new direction with the cafeteria program. Please remember to THANK them for their continued efforts!

The Nutrition Group is appreciative of this opportunity to serve the students and faculty at the Aquinas Academy and we look forward to building positive, healthy relationships in the months and years to come.

A few changes in the program that will be introduced are as follows:

- We will utilize the "Roster System" for prepaid meals and student verification. We would ask that pre-payments be made on Monday mornings, whenever possible. Cash will still be accepted daily.
- Charged meals will still be accepted. However, after the second charged meal without payment, the peanut butter and jelly entrée will be served until the account is paid in full.
- Student Lunch Price will now be \$2.50
- We are looking to interview and hire a substitute cafeteria position, who can fill in whenever one of our current staff members is absent or requests a day off. This will be a paid position. Please contact Jackie in the cafeteria if you are interested.
- Cafeteria Lead Jackie Samek is always available for any questions. We will also be on-hand for any questions or comments at the September 22nd Open House.

