

LITTLE CRUSADERS
INTRAMURAL BASKETBALL
BOYS & GIRLS GRADES K-4



This program includes-

- *stretching and conditioning
- *skill drills-dribbling, passing, footwork & ball handling
- *shooting

Little Crusaders should wear tennis shoes and gym clothes like shorts, sweat pants, and t-shirts and please bring a water bottle- with name on the bottle.

WHERE: Aquinas Academy Gym

WHEN: Saturday mornings in MARCH – from 9:30 to 11:00 am

COST: \$0

Intramural Basketball for Grades K-4 Contact person – Mrs. Mahoney

If your son or daughter is interested in participating in this instructional program, please fill out this form and return to the office by Feb. 17, 2017. * You do not have to attend every Saturday.

Child's name _____ Grade _____

Parent's name _____ Phone _____

email address _____

_____ Yes, I am willing to help assist with the dribbling and passing skills. **Need all the required clearances to help.